

Remember your first bike ride? The freedom, the fresh air, the cards in the spokes going "thwak, thwak, thwak?" Consider riding your bike again! Bicycles are clean-air, zero-emission vehicles for quick trips or daily commutes. Most trips Americans take are short – usually less than 3 miles – and these short trips could easily be traveled by bicycle for many people.

This month, take opportunity to celebrate the power of the bicycle and rediscover the many

reasons to ride. Already ride your bicycle all over town? Well then, encourage more folks to give it a try! Whether you bike to work or school; ride to save money or time; pump those pedals to preserve your health or the environment; or cruise to explore your community – it all adds up to cleaner air.

Plan ahead for a safe ride by viewing <u>Austin's full bicycle map</u> or a <u>regional bike route map</u>.

